## **Board of Directors**

**Meeting Agenda** 

May 8<sup>th</sup>, 2025

**Board of Directors Members Present** in Person:

**Members Present via MS Teams:** 

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

## **Guests Present:**

- 1. Call to Order and Introductions Chair
  - Introduction/Lyndsay Lopes, new NS BH-ASO Deputy Director
- 2. Tribal Acknowledgement Chair

Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)

- 3. Revisions to the Agenda Chair
- 4. Approval of the April 10th, 2025, Minutes, Motion #25-18 Chair....... Attachment
- 5. Comments & Announcements from the Chair Chair
- 6. Reports from Members Chair
- 7. Comments from the Public Chair

- 10. Report from the Governance Operations Committee Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair ......Attachment

## Motion #25-19

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2025, through April 30th, 2025, in the amount of \$1,832,519.31.
- Payroll for the month of April in the amount of \$238,113.70 and associated employer benefits in the amount of \$117,764.55.

## **11. Action Items** – Margaret Rojas, Assistant Director

## For Board Approval

## Health Care Authority (HCA) Off-Cycle Amendment

• HCA is requiring North Sound BH-ASO to return \$4,741,120.15 of proviso restricted reserves

## Motion #25-20

To authorize an increase of the expense budget by transferring \$4,741,120.15 from proviso restricted reserves.

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#### 12. Introduction Items

Margaret Rojas, Assistant Director

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2025, through December 31, 2025, and Department of Commerce (DOC) contract to include funding for the period July 1, 2025, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Use Prevention Treatment and Recovery Support Services (SUPTRS) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)

 Downstream contracts for GF-S/SUPTRS/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same contract, which is why you will see the same contract under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

## **Health Care Authority (HCA)**

- HCA-NS BH-ASO-K-? is providing the GF-S funding for the period of July 1, 2025, through December 31, 2025, and Federal Block Grant funds for the period of July 1, 2025, through June 30, 2026.
  - o GF-S funding is stable from the previous contract period.
  - 6-month allocation \$
  - SUPTRS 12-month allocation \$
  - MHBG 12-month allocation \$

HCA-NS BH-ASO-K-? providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2025, through December 31, 2025, and Federal Block Grant Funding for the period of July 1, 2025, through June 30, 2026.

## **HCA - Housing and Recovery through Peer Services (HARPS)**

• HCA-NS BH-ASO-K-? Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$.

HCA-NS BH ASO-K-? providing HARPS funding for the period of July 1, 2025, through June 30, 2026.

## Department of Commerce - Community Behavioral Health Rental Assistance (CBRA) Program

• DOC-NS BH-ASO providing Community Behavioral Health Rental Assistance (CBRA) Program is allocating the CBRA funds for the period of July 1, 2025, through June 30, 2026 in all five counties. The estimated 12-month allocation is \$.

DOC-NS BH-ASO providing CBRA funding for the period of July 1, 2025, through June 30, 2026

## **GF-S Mandatory Services**

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
  - o Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
  - o Program for Assertive Community Treatment (PACT) services
    - 6-month allocation \$
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$
- Volunteers of America
  - Toll Free Crisis Hotline
- Telecare
  - Evaluation and Treatment Services
  - o E&T Discharge Planners
    - 6-month allocation \$
- Lifeline Connections
  - PACT services
    - 6-month allocation \$
  - o HARPS team and Skagit & Whatcom rental subsidies
    - 12-month allocation \$
- Snohomish County Superior Court
  - o Juvenile Treatment Services
    - 12-month allocation \$
  - AOT /Recovery Support Court Coordinator
    - 6-month allocation \$
- Island County
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$
- San Juan County
  - o Proviso Funding Designated Cannabis Account
    - 6-month allocation \$
- Skagit County
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$
- Whatcom County
  - Proviso Funding Jail Transition Services, Designated Cannabis Account, Trueblood Funds
    - 6-month allocation \$

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

# Substance Use Prevention Treatment and Recovery Support Services (SUPTRS) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SUPTRS priority Services:

- Brigid Collins
  - o Pregnant and Parenting Women (PPW) Housing Support Services
    - 6-month allocation \$
- Evergreen Recovery Centers

- PPW Housing Support Services
  - 6-month allocation \$
- Catholic Community Services
  - o PPW Housing Support Services
    - 6-month allocation \$
- Compass Health
  - San Juan HARPS subsidies
    - 6-month allocation \$
- Community Action of Skagit County
  - Opiate Outreach
    - 6-month allocation \$
- Island County
  - o Opiate Outreach, HARPS subsidies
    - 6-month allocation \$
- Mount Baker Presbyterian Church (MBPC)
  - o Opiate Outreach
    - 6-month allocation \$
- Snohomish County
  - o Opiate Outreach
    - 6-month allocation \$
- Whatcom County
  - o Opiate Outreach
    - 6-month allocation \$
- Telecare Corp.
  - o Peer Bridger Program
    - 6-month allocation \$

Motion :

NS BH-ASO-Brigid Collins-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-IC-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-MBPC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

#### **GF-S/SUPTRS/MHBG Services within Available Resources**

- City of Mount Vernon
  - o Co-Responder project
    - 12-month allocation \$
- Compass Health
  - SUD outpatient services in San Juan County (FFS)
  - Whatcom County Triage
    - 6-month allocation \$
- Conquer
  - o Assisted Outpatient Treatment (AOT) in Snohomish County
    - 6-month allocation \$
- Evergreen Recovery Centers
  - Withdrawal Management Services (FFS)
  - o Mental Health Infant Specialist
    - 6- month allocation \$
  - Homeless Outreach and Stabilization Team (HOST)
    - 12-month allocation \$
- Island County
  - Co-Responder project

- 6-month allocation \$
- Lake Whatcom Center
  - o PACT
    - 6-month allocation \$
  - Mental Health outpatient services (FFS)
  - Substance Use outpatient services (FFS)
- Pioneer Human Services
  - o Island, Skagit & Whatcom withdrawal management services
    - 6-month allocation \$
- Snohomish County
  - Co-Responder project
    - 6-month allocation \$
- Snohomish County Court Clerk Office
  - AOT Expenses
    - 6-month allocation \$
- Snohomish County Prosecutor's Office
  - AOT Expenses
    - 6-month allocation \$
- Snohomish County Public Defenders Association
  - AOT Expenses
    - 6-month allocation \$
- Snohomish County Superior Court
  - AOT Expenses
    - 6-month allocation \$
- Whatcom County
  - o Co-responder project
    - 6-month allocation \$

Motion #

NS BH-ASO-City of Mount Vernon-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Court Clerk-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Prosecutors Office-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Public Defenders Assocation-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

## **Recovery Navigator Program (RNP)**

- The RNP program is receiving their annual allocation in the following amounts:
  - o Island County 12-month allocation \$
  - o San Juan County (Compass Health) 12-month allocation \$
  - Skagit County (Community Action of Skagit County) 12-month allocation \$
  - Snohomish County 12-month allocation \$
  - Whatcom County –12-month allocation \$

North Sound BH-ASO-Island County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

## **Department of Commerce - Community Behavioral Health Rental Assistance (CBRA)**

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor's Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
  - Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance services in Snohomish County.
    - 12-month allocation \$
  - o Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance services in Snohomish County.
    - 12-month allocation \$
  - o Lifeline Connections provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance services in Skagit and Whatcom County.
    - 12-month allocation \$
  - Lake Whatcom Center provides CBRA, Governor's Housing Initiative & Proviso 86 rental assistance services in Whatcom County.
    - 12-month allocation \$
  - o Pioneer Human Services provides CBRA & Proviso 86 rental assistance services in Island County.
    - 12-month allocation \$

NS BH-ASO-Bridgeways-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

## 13. Report from the Executive Director

o Crisis Metrics......Attachment JanRose Ottaway Martin, Executive Director

14. Adjourn - Chair

Next Meeting: June 12th, 2025

## **Board of Directors**

**Meeting Minutes** 

April 10<sup>th</sup>, 2025

# Board of Directors Members Present in Person:

- Barry Buchanan, County Council,
   Whatcom County: NS BH-ASO Board
   Chair
- Peter Browning, Commissioner; Skagit County
  - Amanda Franke, Human Services, designated alternate for Dave Somers; Snohomish County
  - Jill Johnson, Commissioner; Island County

#### **Members Present via MS Teams:**

- o Justin Paulsen, County Council; San Juan County
  - o Nicole Gorle, Legislative Analyst, designated alternate for Nate Nehring, County Council; Snohomish County
  - o Kara Allen, Advisory Board Chair, Snohomish County
- o Sam Low, County Council; Snohomish County
- o Cynthia Foley, Sr. Legislative Analyst, designated alternate for Strom Peterson, County Council; Snohomish County

## North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- o Kim Nakatani, Sr. Accountant
- Charles DeElena, Business
   Improvement/Compliance Manager
- Maria Arreola, Sr. Administrative Assistant
- o Joanie Wenzl, Administrative Manager/Clerk of the Board

#### **Guests Present:**

There were no guests present

#### Call to Order and Introductions - Chair

The Chair called the meeting to order and initiated introductions

## **Tribal Acknowledgement** – Chair

Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)

The Chair read the Tribal Acknowledgement

## Revisions to the Agenda - Chair

There were no revisions to the agenda

**Approval of the March 14th, 2025, Minutes, Motion #25-12** – Chair.... Attachment Peter Browning moved the motion for approval, Amanda Franke seconded, none opposed, all in favor, motion #25-12 approved.

#### **Comments & Announcements from the Chair** - Chair

The 2025 Board of Directors Annual Retreat was discussed during the Governance Operations Meeting. It was recommended that the take place during the month of September due to an overlap with the legislative session and other pertinent topics. It will be held on the day of the Board meeting, September 11<sup>th</sup>.

Barry Buchanan moved a motion for it to take place on September 11th, Peter Browning seconded, all in favor, none opposed.

BOD summer break: Discussion took place during the Governance & Operations regarding taking the month of August off versus the usual month of July off. The reason for the change is regarding legislative happenings that need attention.

Barry Buchanan moved the motion for approval, Peter Browning seconded, all in favor, with the contingency to meet, if need be, in August. The board will decide during the July meeting.

The Chair moved a motion for the May board meeting to be virtual only due to conference travel and other various time constraints.

Amanda Franke seconded, all in favor, none opposed.

## **Reports from Members** - Chair

Board members gave updates on the current behavioral health happenings in their respective counties

## Comments from the Public - Chair

No one from the public was in attendance

## **Report from the Advisory Board**

Kara Allen, Advisory Board Chair

Kara gave the Report from the Advisory Board

## **Report from the Finance Officer**

Margaret Rojas, Assistant Director

The Report from the Finance Officer was given and questions were answered.

## Report from the Governance Operations Committee - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair

## Motion #25-13

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1<sup>st</sup>, 2025, through March 31<sup>st</sup>, 2025, in the amount of \$3,607,224.28.
- Payroll for the month of March in the amount of \$237,029.38 and associated employer benefits in the amount of \$122,684.29.

Jill Johnson moved the motion for approval, Peter Browning seconded, none opposed, all in favor, motion #25-13 carried

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Action Items - Margaret Rojas, Assistant Director

## For Board Approval

## North Star Connect - Stronger Together Symposium

Skagit County is seeking funding to support the inaugural North Star Symposium. North Star is a multi-sector collaborative bringing together county and city elected officials, community service providers, healthcare professionals, faith-based communities, and individuals with lived experience to identify more effective ways to respond to homelessness in Skagit Count. This effort aims to improve the behavioral health system and expand the availability of affordable housing. Funding will assist with covering costs associated with venue, food, and symposium speakers.

## Motion #25-14

NORTH SOUND BH-ASO-SKAGIT COUNTY-PSC-25 in the amount of \$35,000.00 Mental Health Block Grant (MHBG) Funds for the North Star Symposium. The contract term is April 1, 2025, through June 30, 2025.

Peter Browning moved the motion for approval, Amanda Franke seconded, none opposed, all in favor, motion #25-14 carried.

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## **Evergreen Recovery Centers – Homeless Outreach Stabilization & Transition (HOST Program)**

Evergreen Recovery Centers received start-up funding in July 1, 2024, to expand the HOST Program into Skagit and Island Counties. They have exhausted start-up funds and have requested the ongoing funding for the Skagit Island (SKIL) Host Program. Funding will be prorated through June 30, 2025. Any unspent funds will not roll over.

## Motion #25-15

NORTH SOUND BH-ASO-EVERGREEN RECOVERY CENTERS-ICN-23 AMD 6 in the amount of \$261,000 to provide additional funding for the SKIL HOST Program. Funding will be available through June 30, 2025.

Jill Johnson moved the motion for approval, Peter Browning seconded, none opposed, all in favor, motion #25-15 carried

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## Lifeline Connections - Housing and Recovery through Peer Services (HARPS)

Lifeline Connections receives funding for HARPS subsidies and the HARPS team. Lifeline Connections has fully utilized their HARPS subsidy funding. North Sound BH-ASO has unallocated HARPS funds that Lifeline may utilize through June 30, 2025. Any unspent funds will not roll over.

#### Motion #25-16

NS BH-ASO-LIFELINE CONNECTIONS-FGB-23 AMD 7 in the amount of \$50,000 to provide additional HARPS funding through June 30, 2025.

Amanda Franke moved the motion for approval, Jill Johnson seconded, none opposed, all in favor, motion #25-16 carried.

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## American Rescue Plan ACT (ARPA) Funding - Notice of Suspension

Effective March 24, 2025, the Substance Abuse and Mental Health Services Administration (SAMHSA) terminated multiple COVID-19 pandemic-related grants, including those funded under the American Rescue Plan Act (ARPA) Act. North Sound BH-ASO received notification from Health Care Authority (HCA) on March 27, 2025, suspending funds for activities under our contract, those activities are suspended immediately.

North Sound BH-ASO sent notification on March 28, 2025, to the below downstream contracts that their organization will no longer receive ARPA funding, effective March 24, 2025, for the identified programs/services pursuant to the terms and conditions of their contract. Invoices will be paid through March 24, 2025, any balance remaining on our ARPA grant will be returned to the Health Care Authority.

- Evergreen Recovery Centers
  - Mental Health Infant Specialist
- Lifeline Connections
  - Peer Pathfinders Transition from Incarceration Pilot
  - Medication Assisted Treatment (MAT) in Island County
  - Peer Pathfinder Support Services Funds
- Northwest Education Service District (NWESD)
  - School Prevention Specialist (Coupeville School District)
- Snohomish County Superior Court
  - Juvenile Treatment Services (ARPA funding only)

- Volunteers of America (VOA)
  - Crisis Line Emergency Response for Suicide Prevention (ERSP) Program

#### Motion #25-17

NORTH SOUND BH-ASO-EVERGREEN RECOVERY CENTERS-ICN-23 AMD 6 to terminate ARPA funding for Mental Health Infant Specialist services in Snohomish County. This was an annual funding allocation in the amount of \$100,000.00.

NS BH-ASO-LIFELINE CONNECTIONS-FGB-23 AMD 7 to terminate ARPA funding in the amount of \$71,020.00 for Peer Pathfinders Transition from Incarceration Pilot (Whatcom/Skagit counties), \$60,000.00 for MAT in Island County, and \$7,818.00 in Peer Pathfinder Support Funds. All funding allocations were annual.

NORTH SOUND BH-ASO-NORTHWEST EDUCATIONAL SERVICE DISTRICT-PSC-23 AMD 2 to terminate ARPA funding for a School Prevention Specialist in Coupeville School District (Island County). This was an annual funding allocation in the amount of \$25,000.00.

NORTH SOUND BH-ASO-SNOHOMISH COUNTY SUPERIOR COURT-ICN-23 AMD 6 to terminate ARPA funding for Juvenile Treatment Services in Snohomish County. This was an annual funding allocation in the amount of \$95,444.00.

NORTH SOUND BH-ASO-VOA-ICCN-23 AMD 6 to terminate ARPA funding for 24-hour Crisis Line. This was an annual funding allocation in the amount of \$66,666.00.

Peter Browning moved the motion for approval, Barry Buchanan seconded, motion #25-17 carried.

#### \*\*\*

## **Introduction Items**

None at this time

## **Report from the Executive Director**

JanRose Ottaway Martin, Executive Director, gave an update on the following topics:

- Weekly Crisis Metrics
- o BH-ASO Reserve Funds
- ARPA/COVID SAMHSA Grants
- o HB 1813
- House and Senate Budgets

Adjourn - Chair 2:34 p.m.

Next Meeting: May 8th, 2025



## **Advisory Board Brief**

May 7, 2025

The Advisory Board met on May 6, and the following items were discussed:

## — Advisory Board

- Brian Estes membership from Whatcom County was approved by the Board.
- Emily Wulff attended as an interested candidate from Skagit County.
- A subcommittee was formed to review the Bylaws and policies. The subcommittee will meet prior to the June retreat to provide an update on any possible revisions. The Board will review and approve the Bylaws and policies during the June retreat.
- Lisa Hudspeth, Contracts Manager, presented the Mental Health Block Grant and the Substance Use Prevention and Treatment Recovery Support Services Block Grant. A final vote will occur during the brief business meeting in June.
- Garrison Whaley-Sharp, AOT Coordinator, provided a brief update on the program.

#### — Executive Director

- No report given.
- The Action Items were passed and recommended to the Board of Directors for approval.

## — Finance/Executive Committee

 The April Expenditures were passed and recommended to the Board of Directors for approval.

## North Sound Behavioral Health Administrative Services Organization May 8th, 2025 Board of Directors Financial Notes

## **HIGHLIGHTS**

- 1. The ratio of Budget to Actuals revenue is good, actual revenues are close to budgeted revenues. Of note we are budgeting for a loss this year due to utilizing fund balances, accounted for in the revenue section as "Use of Fund Balance". Crisis Services billing from Providers are behind, the other negative variances are due mainly to late payments, late billing and reserve balance spend down. Our Services expenses are currently running \$1,486,687 under budget mainly due to late Provider billing.
- 2. The Revenue and Expense statement looks good at the end of April, showing a net income of \$903,659 mainly due to State funds and MCO payments. The MHBG and SABG negative fund balances are due to fluctuations in billing and reimbursement payments from the HCA. Our revenues are covering our expenses. Our general fund balance was \$9,378,882 on 12/31/24 and our maximum allowed is \$6,130,213.
- 3. The Medicaid fund balance has increased slightly as we continue implementing the six-month reconciliation and receiving retro PMPM payments. The MCOs pay at the beginning of the month, however our expenses are not recognized until the following month.

#### NOTES

- 1. We are presenting the financial statements for April 2025 for North Sound Behavioral Health Administrative Services Organization (ASO).
- 2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenue nor expenditures occur on an equal 1/12 amount each month.
- 4. The North Sound BH-ASO adopts "calendar year" budgets, the funding allocations from the state is a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
- 5. Revenues and expenses are managed independently within each of the major funds, categories: Medicaid, State General Fund, Mental Health Block Grant, and Substance Abuse Block Grant.
- 6. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.

- 7. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. Also added are additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
- 8. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year-to-date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

# NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2025\* BUDGET TO ACTUALS

		YTD	YTD	Variance	]
REVENUES	2025	2025	2025	Favorable	
Intergovernmental Revenues	Budget	Budget	Actual	(Unfavorable)	
MHBG*	3,373,938	1,124,646	632,828	(491,818)	1
SABG*	4,065,474	1,355,158	985,010	(370,148)	
State Funds*	38,337,122	12,779,041	14,038,968	1,259,927	
Medicaid (MCO)*	11,197,987	3,732,662	3,762,226	29,564	
Total Intergovernmental Revenues	56,974,521	18,991,507	19,419,032	427,525	-
Misc. Revenue **	0	0	15,000	15,000	Salish Behavioral Health ASO
Interest Revenue	400,000	133,333	147,319	13,985	
Use of Fund Balance	3,339,010				
TOTAL REVENUES	\$60,713,531	\$19,124,840	\$19,581,351	\$456,511	-
•					•
<b>EXPENDITURES</b>					
Inpatient Treatment	\$1,600,000	533,333	\$618,866	(85,533)	
ITA Judicial	2,350,000	783,333	1,091,804	(308,470)	
Crisis Services	20,397,656	6,799,219	5,248,966	1,550,252	Providers Behind in Invoicing
Crisis Teams - Children & Youth	2,218,060	739,353	735,644	3,709	
Co-Responder	2,046,684	682,228	539,411	142,817	Providers Behind in Invoicing
MH Crisis Stabilization	1,756,966	585,655	192,973		Providers Behind in Invoicing
E&T Services	951,182	317,061	213,093	103,967	
E&T Discharge Planner	253,200	84,400	18,895	65,505	
Jail Services	367,536	122,512	113,370	9,142	
PACT Services	1,032,564	344,188	315,602	28,586	
Assisted Outpatient Treatment	1,139,838	379,946	278,164	101,782	
Trueblood	223,944	74,648	78,629	(3,981)	
BH Enhancement Funds	779,188	259,729	278,934	(19,205)	
HOST	1,239,966	413,322	413,322	-	
SnoCo Crisis Start up 32-Bed			147,302		
Pilot per Proviso 13b Proviso Revenue Shift	1,407,726	469,242	452,667	16,575	
Peer Bridger	307,500	102,500	54,939	47,561	
MHBG Expenditures ***	1,593,876	531,292	508,899	22,393	
HARPS Housing	817,376	272,459	353,787	(81,328)	
DOC Housing	1,501,830	500,610	483,276	17,334	
Proviso 86 Behavioral Health Housing	1,477,666	492,555	302,003	190,553	Providers Behind in Invoicing
Governor Housing Voucher					
Tribal DCR			4,305		
DCA County Contracts	581,292	193,764	320,901	(127,137)	Billing reserves down
Recovery Navigator	2,367,218	789,073	882,982		Billing reserves down
Youth Inpatient Navigators	450,466	150,155	21,445	128,710	
Opiate Dependency Outreach	1,107,314	369,105	442,104	(72,999)	
PPW Housing Support Services	400,000	133,333	182,162	(48,828)	
SABG Expenditures ****	1,281,480	427,160	576,337	(149,177)	
Withdrawal Management	2,200,000	733,333	853,648	(120,315)	Late billings increasing expense
Juvenile Drug Court	139,800	46,600	55,020	(8,420)	
Other MH Services *****	1,288,001	429,334	410,822	18,512	
Other SUD Services	1,346,000	448,667	533,161	(84,494)	
Advisory Board	19,996	6,665	4,654	2,011	
Subtotal - Services	54,644,325	18,214,775	16,728,088	1,486,687	
•					-
Administration	6,069,206	2,023,069	1,949,604	73,464	
TOTAL EXPENDITURES	\$60,713,531	\$20,237,844	\$18,677,692	\$1,560,151	•
•					-

Excess of Revenues Over (Under) Expenditure.

\$903,659

## $\boldsymbol{\ast}$ THIS IS AN UNAUDITED STATEMENT

<sup>\*</sup> Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

<sup>\*\*</sup> Misc. Revenue Includes Room Rental Fees, Tribal Conference, Salish Contract

<sup>\*\*\*</sup> MHBG Includes ARPA, PATH and other FBG services. Does not include Crisis or E&T  $\,$ 

<sup>\*\*\*\*</sup> SABG Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

<sup>\*\*\*\*\*</sup> Other MH Services Includes CORS, FYSPRT, Outpatient Services, PATH match

## NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2025\*

	YTD	YTD	YTD	YTD	YTD	
REVENUES	2025	2025	2025	2025	2025	
Intergovernmental Revenues	Totals	Medicaid	State	MHBG	SABG	
MHBG*	632,828	l	ı	632,828		
SABG*	985,010				985,010	
State Funds*	14,038,968		14,038,968		ŕ	
Medicaid (MCO)*	3,762,226	3,762,226	,,			
Total Intergovernmental Revenues	19,419,032	3,762,226	14,038,968	632,828	985,010	
Misc. Revenue **	15,000	-,,	15,000	,		Salish Behavioral Health ASO
Interest Revenue	147,319		147,319			
TOTAL REVENUES	\$19,581,351	\$3,762,226	\$14,201,286	\$632,828	\$985,010	
	,	44,142,	***,-**,-**	**********		
<u>EXPENDITURES</u>						
Inpatient Treatment	\$618,866		\$618,866			
ITA Judicial	1,091,804		1,091,804			
Crisis Services	5,248,966	2,703,171	2,545,795			
Crisis Teams - Children & Youth	735,644	348,500	387,144			
Co-Responder	539,411			279,329	260,082	
MH Crisis Stabilization	192,973		192,973	/-	,	
E&T Services	213,093		213,093			
E&T Discharge Planner	18,895		18,895			
Jail Services	113,370		113,370			
PACT Services	315,602		315,602			
Assisted Outpatient Treatment	278,164		278,164			
Trueblood	78,629		78,629			
BH Enhancement Funds	278,934		278,934			
HOST	413,322		413,322			
SnoCo Crisis Start up 32-Bed	147,302		147,302			
Proviso 13b	452,667		452,667			
Peer Bridger	54,939		432,007	54,939		
MHBG Expenditures ***	508,899			508,899		
HARPS Housing	353,787		353,787	308,899		
DOC Housing	483,276		483,276			
=	302,003		302,003			
BH Housing Proviso 86 Governor Housing Voucher	302,003		302,003			
Tribal DCA	4,305		4,305			
DCA County Contracts	320,901		320,901			
•	882,982		882,982			
Recovery Navigator						
Youth Inpateint Navigators	21,445		21,445		442,104	
Opiate Dependency Outreach	442,104					
PPW Housing Support Services	182,162				182,162	
SABG Expenditures ****	576,337		040.014		576,337	
Withdrawal Management	853,648		848,914		4,734	
Juvenile Drug Court	55,020		55,020			
Other MH Services ****	410,822		410,822			
Other SUD Services	533,161		533,161			
Advisory Board	4,654		4,654	0		
Subtotal - Services	16,728,088	3,051,671	11,367,833	843,167	1,465,418	
Administration	1,949,604	355,662	1,593,942			
TOTAL EXPENDITURES	\$18,677,692	\$3,407,333	\$12,961,775	\$843,167	\$1,465,418	
TOTAL EATERDITURES	φ10,077,092	φ5,+07,555	φ12,701,773	φυ+3,107	φ1,705,710	
Net Income	\$903,659	\$354,893	\$1,239,512	\$(210,339)	\$(480,407)	
Beginning Fund Balance 12/31/24	18,723,589	683,621	18,808,634	(277,910)	(490,757)	
Ending Fund Balance	19,627,248	1,038,515	20,048,145	(488,248)	(971,164)	
Flexible GFS balance at 12/31/24	17,027,270	1,000,010	9,378,882	(+00,2+0)	(>/1,104)	
Florible GI 5 balance at 12/31/24			7,570,002			

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

<sup>\*</sup> THIS IS AN UNAUDITED STATEMENT

<sup>\*</sup> Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

<sup>\*\*</sup> Misc. Revenue Includes Room Rental Fees, Tribal Conference, Salish Contract

<sup>\*\*\*</sup> MHBG Includes ARPA, PATH and other FBG services. Does not include Crisis or E&T

<sup>\*\*\*\*</sup> SABG Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

<sup>\*\*\*\*\*</sup> Other MH Services Includes CORS, FYSPRT, Outpatient Services, PATH match

## NORTH SOUND BH-ASO Warrants Paid April 2025

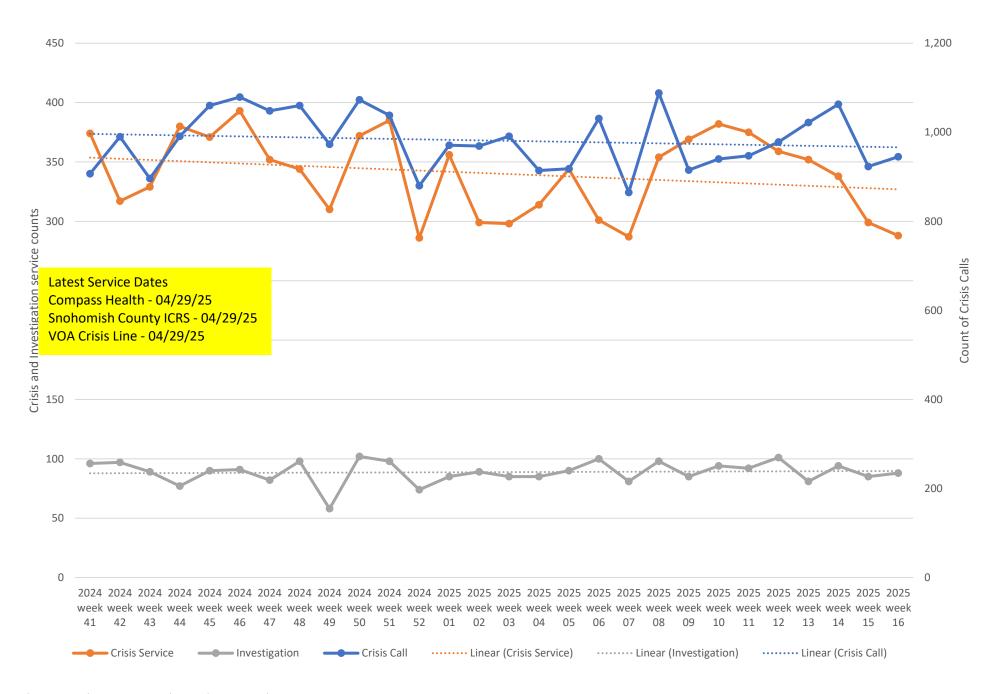
Туре	Date	Num	Name	Amount
Bill Pmt -Check	04/04/2025	597833	Catholic Community Services	-14,863.09
Bill Pmt -Check	04/04/2025	597872	Compass Health	-144,662.96
Bill Pmt -Check	04/04/2025	597873	Consejo Counseling	-26,923.46
Bill Pmt -Check	04/04/2025	597800	Fairfax Hospital	-20,144.00
Bill Pmt -Check	04/04/2025	598004	Holman Recovery Center	-9,180.00
Bill Pmt -Check	04/04/2025	598122	Lake Whatcom Center	-26,209.80
Bill Pmt -Check	04/04/2025	598138	Lifeline Connections	-1,589.19
Bill Pmt -Check	04/04/2025	598248	Office Depot	-147.02
Bill Pmt -Check	04/04/2025	598279	Providence-Everett	-6,277.20
Bill Pmt -Check	04/04/2025	598280	Skagit Valley Hospital	-36,590.04
Bill Pmt -Check	04/04/2025	598359	Snohomish Co Human Services	-759,206.55
Bill Pmt -Check	04/04/2025	598364	SRS Property Management	-11,967.55
Bill Pmt -Check	04/04/2025	598386	Sylvie, Stacy	-5,180.37
Bill Pmt -Check	04/04/2025	598388	T-Mobil	-2,114.98
Bill Pmt -Check	04/04/2025	598396	Telecare Corporation	-40,763.10
Bill Pmt -Check	04/04/2025	598442	Volunteers of America	-225,519.98
Bill Pmt -Check	04/11/2025	598535	Asian Counseling Treatment	-61.96
Bill Pmt -Check	04/11/2025	598580	Comcast	-237.20
Bill Pmt -Check	04/11/2025	598582	Community Action of Skagit Co	-69,572.63
Bill Pmt -Check	04/11/2025	598583	Compass Health	-3,804.73
Bill Pmt -Check	04/11/2025	598586	Consejo Counseling	-34,853.59
Bill Pmt -Check	04/11/2025	598633	Firstline Communications (All Phase)	-1,003.87
Bill Pmt -Check	04/11/2025	598635	Frontline Cleaning Services LLC	-525.00
Bill Pmt -Check	04/11/2025	598646	Greater Columbia BH-ASO	-937.59
Bill Pmt -Check	04/11/2025	598708	Lake Whatcom Center	-8,536.88
Bill Pmt -Check	04/11/2025	598721	Lopez Island Family Resource Center	-1,405.41
Bill Pmt -Check	04/11/2025	598831	Maharaj-Lewis, Starleen	-402.50
Bill Pmt -Check	04/11/2025	598766	Office Depot	-198.18
Bill Pmt -Check	04/11/2025	598781	Pioneer Center	-5,822.88
Bill Pmt -Check	04/11/2025	598777	St Joseph Medical Center, Peace Health	-9,997.32
Bill Pmt -Check	04/11/2025	598843	Telecare Corporation	-2,163.00
Bill Pmt -Check	04/11/2025	598878	Wave Business	-601.80
Bill Pmt -Check	04/11/2025	598882	Whatcom County Health Department	-91,972.24
Bill Pmt -Check	04/25/2025	599354	Arreola, Maria-Reim	-173.60
Bill Pmt -Check	04/25/2025	599218	Commercial Alarm and Detection Inc	-106.08
Bill Pmt -Check	04/25/2025	599221	Consejo Counseling	-11,751.97
Bill Pmt -Check	04/25/2025	599546	Culligan NW	-13.55
Bill Pmt -Check	04/25/2025	599158	Department of Retirement Services	-514.30
Bill Pmt -Check	04/25/2025	599259	Evergreen Recovery	-38,559.73
Bill Pmt -Check	04/25/2025	599342	Lifeline Connections	-73,474.64
Bill Pmt -Check	04/25/2025	599372	Mount Baker Presbyterian Church	-15,444.77
Bill Pmt -Check	04/25/2025	599396	Office Depot	-58.58
Bill Pmt -Check			Pioneer Center	-2,079.60
Bill Pmt -Check	04/25/2025	599353	Rojas, Margaret-Reim	-692.29
Bill Pmt -Check	04/25/2025	599439	San Juan County Health & Comm. Servic	-3,657.81
Bill Pmt -Check	04/25/2025	599455	SHI	-5,974.62
Bill Pmt -Check	04/25/2025		Skagit County Clerk	-79,061.29
Bill Pmt -Check	04/25/2025	599480	Snohomish Co Juvenile	-15,649.91
Bill Pmt -Check	04/25/2025			-18,370.50
Bill Pmt -Check	04/29/2025	IGT	Skagit County Auditor	-3,500.00
				-1,832,519.31
			_	-1,832,519.31
				-1,832,519.31
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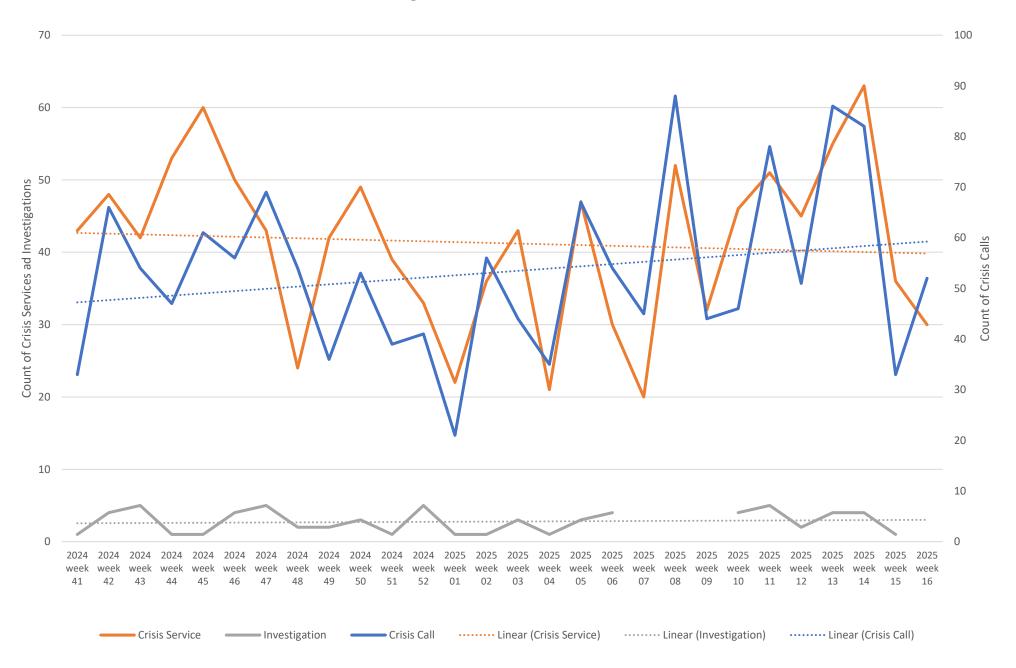


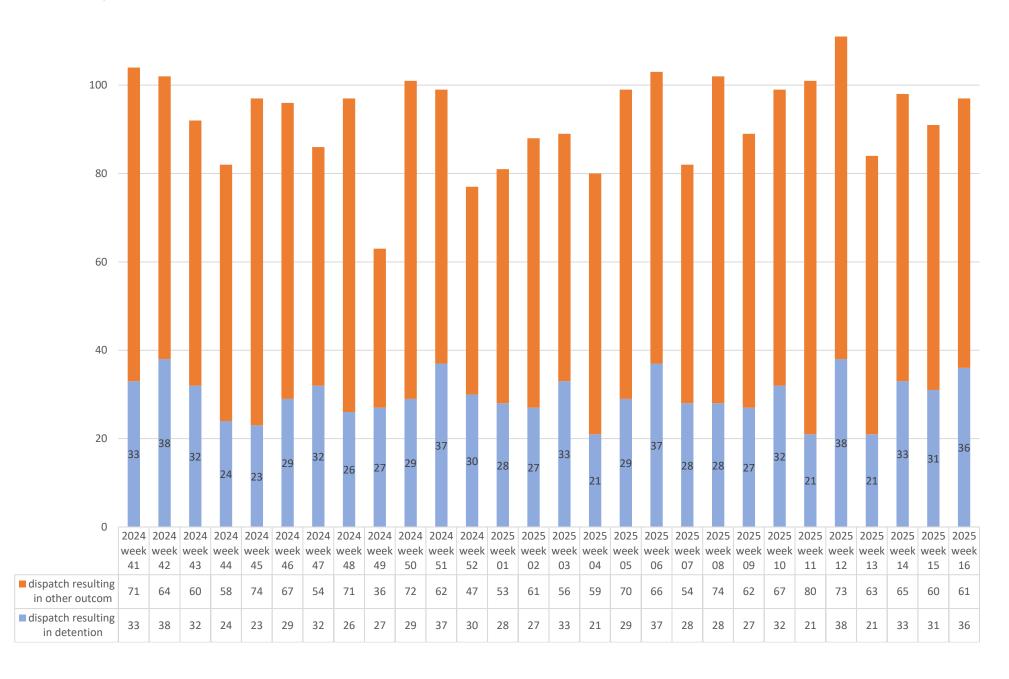
# **Weekly Crisis Capacity Indicator Snapshot**

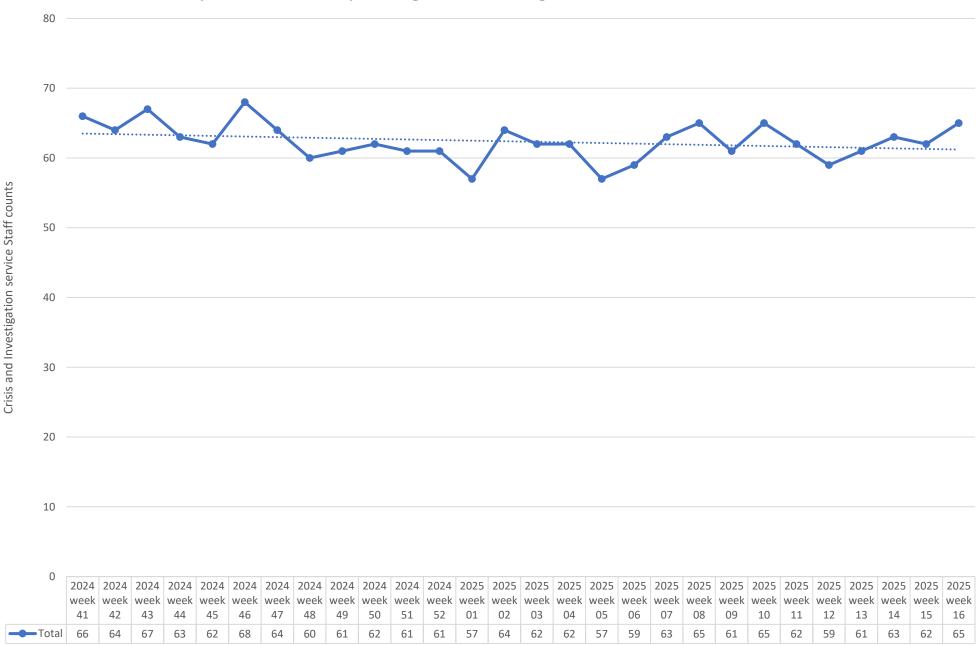
	, , , , , , , , , , , , , , , , , , ,
Page 2	Crisis Data - dates 10/06/24 to 04/19/25
Page 3	Crisis Data: Ages 0-17 - dates 10/06/24 to 04/19/25
Page 4	All DCR Dispatches - dates 10/06/24 to 04/19/25
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 10/06/24 to 04/19/25
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 10/06/24 to 04/19/25
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	North Sound BH ASO Walkaway Chart 10/06/24 to 04/19/25

## Crisis Data - dates 10/06/24 to 04/19/25

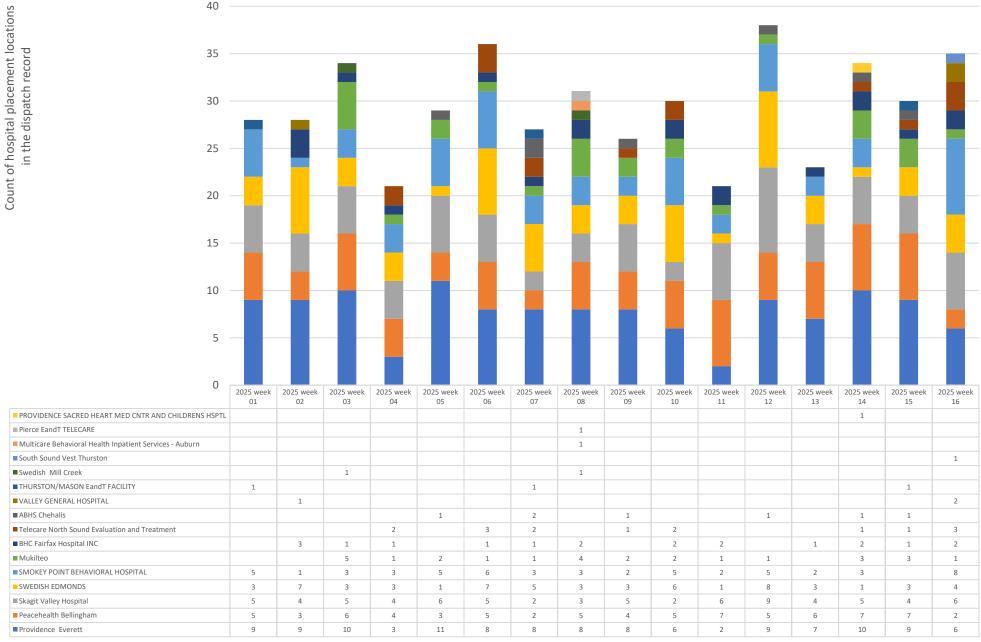




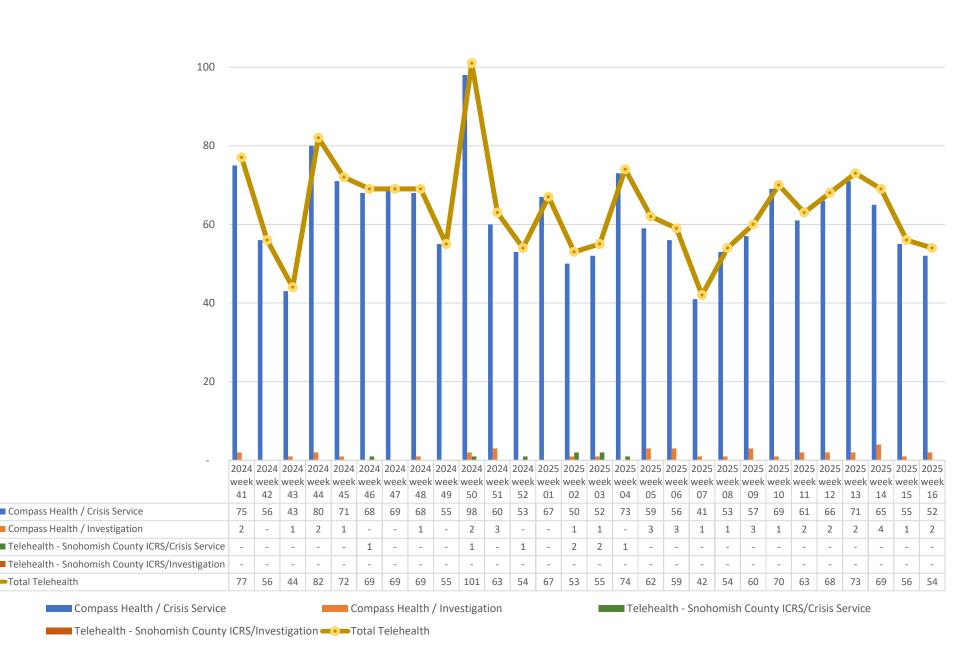




2025 week 16 ending 01/00/00





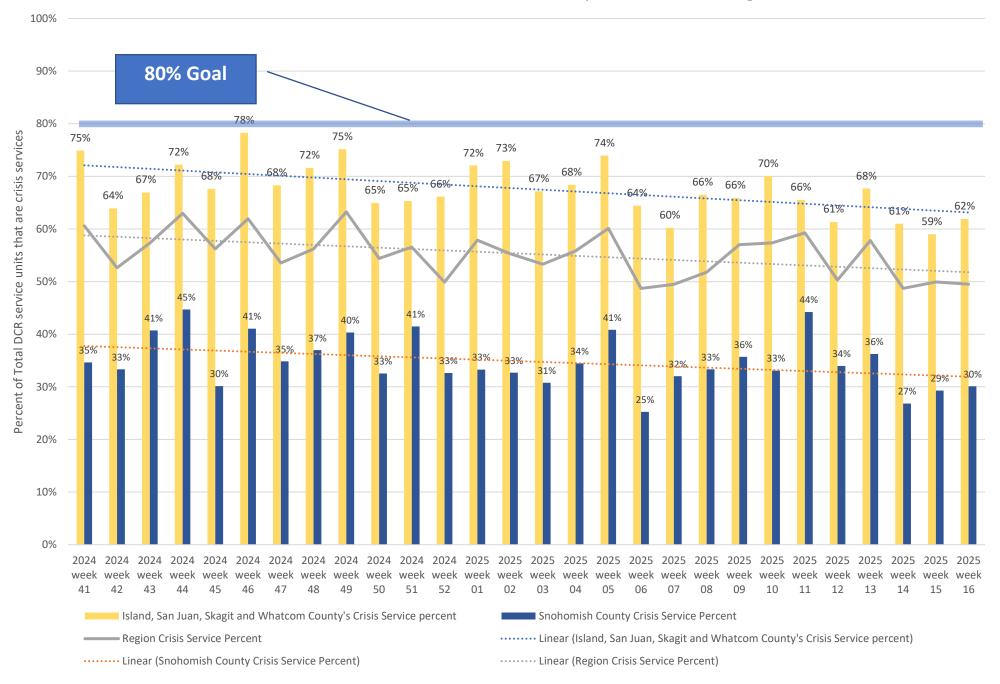


**Number of Services** 

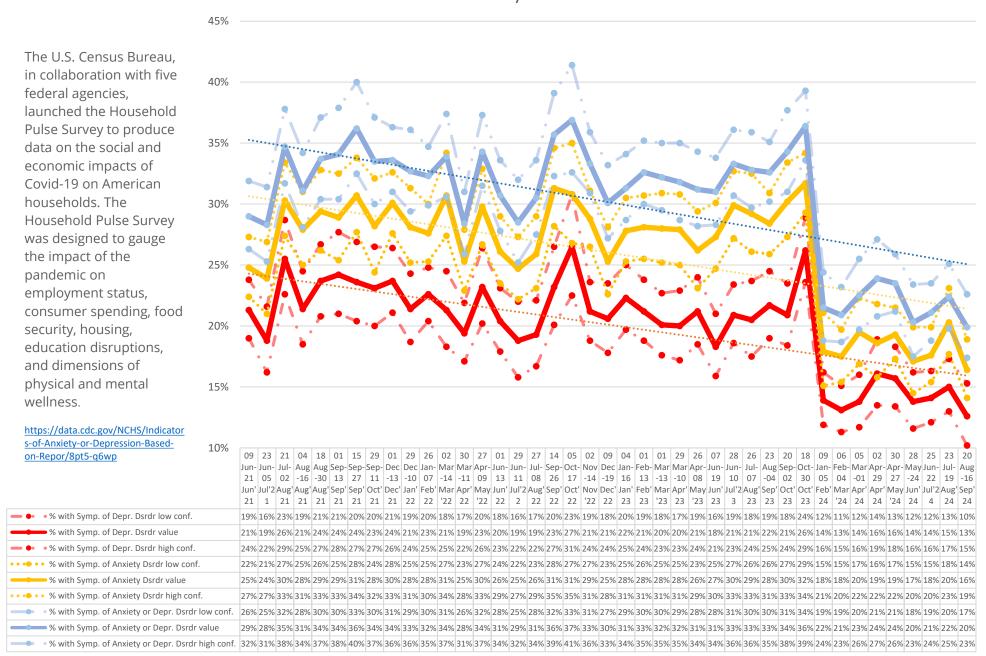
Compass Health / Crisis Service

Compass Health / Investigation

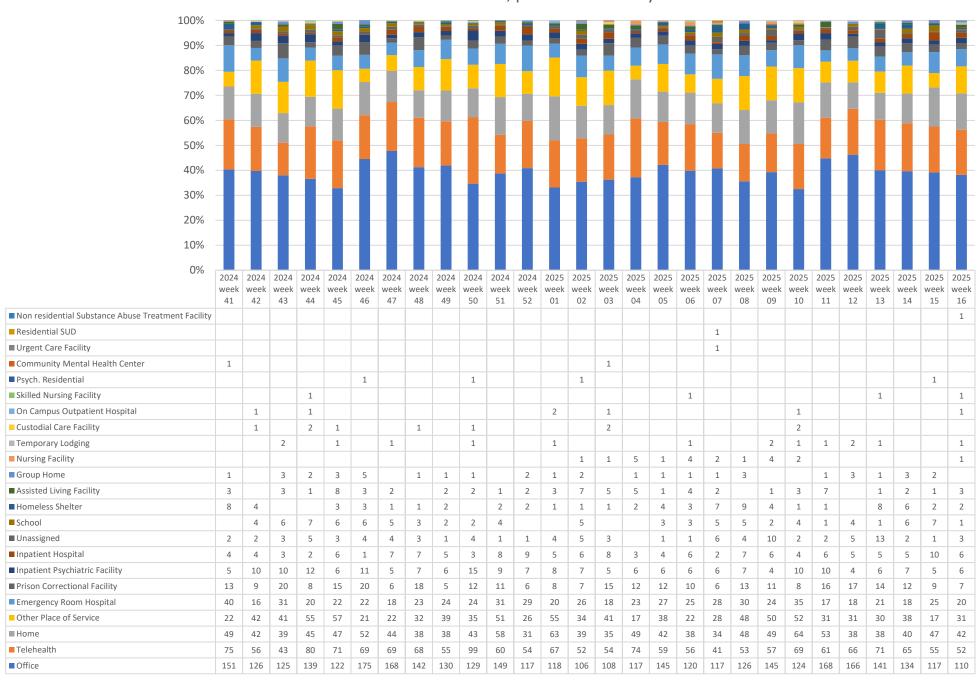
Total Telehealth



# Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days



## Place of Service - Crisis Services, percent of total by week



## Place of Service -Investigations, percent of total by week

